

SPA

Where modern design meets traditional healing practices.

Recharge or relax in our cocoon-like rooms and enjoy a heightened sensory experience. An opportunity to help you connect back to self.

All our Spa products are created in Bali by Sensatia Botanicals using methods that honour the life force of each active ingredient.

For all Spa bookings or in room treatments, please contact Spa on extension #6029 or speak to Concierge.

MASSAGES

SIGNATURE URUT BUGAR

Relaxing and re-energising at the same time, our signature massage brings together the traditions of deep effleurage as well as dynamic stretches for the body.

75 mins **650**
90 mins **800**

CLASSIC URUT SEGAR

A classic Indonesian massage that utilises long, fluid strokes to relieve muscle tension, improve circulation and release stress throughout your entire body.

75 mins **650**
90 mins **800**

DEEP TISSUE URUT URAT

This deep tissue massage focuses on areas of chronic tension. Working within the pleasure-pain threshold and using a variety of muscle-releasing techniques, your therapist will target tense areas to bring immediate relief.

75 mins **650**
90 mins **800**

'TAKSU' MASSAGE WITH PAK AWAN

An energy focused massage highlighting the healing energy exchange between two people. Our Balinese Taksu Massage is a strong and invigorating treatment that increases blood circulation and helps to relieve tight muscles. This treatment is provided by our in house Taksu specialist therapist - Pak Awan.

75 mins **650**
90 mins **800**

REFLEXOLOGY URUT KAKI

During reflexology pressure is applied to the reflex points on the feet in order to induce deep relaxation and stimulate the body's own healing processes.

75 mins **400**
90 mins **550**

THAI URUT LENTUR (IN-ROOM ONLY)

Our Thai massage is performed on the floor, with the therapist stretching you into yoga-like positions and applying deep, rhythmic pressure. A powerful massage that aligns the body's energies, improves circulation and increases flexibility while opening the heart, you will be moved, loosened and stretched in this session. Comfortable pajamas will be provided.

75 mins	650
90 mins	800

BODY TREATMENTS

TRADITIONAL MANDI LULUR

Mandi Lulur is an ancient beauty ritual originating in the royal palaces of Central Java. A purifying bath for princesses, the scrub would soften, sweeten and lighten their skin. Ours is a delicate mix of rice powder, white turmeric, ginger, cumin and crushed dried jasmine flowers, and includes an Indonesian massage.

1hr 45 mins	900
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AFTER-SUN SOOTHER

We harvest our wild-growing aloe vera from local gardens to bring effective relief to skin that has been over exposed to the elements. Depending on the extent of sun exposure, cool compresses dipped in lavender may be used to cool the surface of the skin.

45 mins	400
+30 mins massage	650
+60 mins massage	900

SKIN-RENEWING SALTSCRUB

Shed old skin cells to reveal new, healthier skin. Our salt scrub is infused with essential oils of nutmeg, bergamot and lime to nourish as it exfoliates. Rinse off the salts in a refreshing shower and finish with an enriching moisturizer to hydrate your skin.

45 mins	400
+30 mins massage	650
+60 mins massage	900

SKIN-DETOXIFYING COFFEE SCRUB

This body scrub is applied with strong, vigorous strokes to aid circulation in areas of the body that tend to feel fatigued. Infused with caffeine and cocoa, it may even help reduce the appearance of cellulite and brighten the texture of your skin with repeated use.

45 mins	400
+30 mins massage	650
+60 mins massage	900

FACIALS

SIGNATURE FACIAL

A deep-cleansing treatment that removes daily pollutants embedded in the skin, our signature facial lifts dead skin cells while our signature tendon face massage help plumps and tone facial muscles.

60 mins	650
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MEN'S FACIAL

A deep-cleansing and restorative treatment utilising active ingredients to stimulate circulation and detoxify the deep layers, the men's facial leaves skin glowing, toned and firm. And our signature tendon face massage firms the facial tissues and stimulates lymphatic drainage.

60 mins	550
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RITUALS

BERSANTAI | RELAX

Tailor your treatments to suit your needs. For this two-hour experience, you will enjoy a revitalizing footbath, massage of your choice, essential facial and foot reflexology.

2.5 hrs	1.350
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BERISTIRAHAT | UNWIND

This combination allows you to reap the benefits of a massage of your choice along with an essential facial.

90 mins	850
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All prices are in thousands of Rupiah and are subject to 10% Service Charge and 11% Government Tax

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